

GO LULEÅ – LET´S GET MOVING

CONTEST FOR CHILDREN

Check at least five activities that you have done and get the chance to win swimming tickets to the bathhouse.

BIKE A TOTAL OF 50 KM MAY - AUGUST

SWIM IN A BATHHOUSE OR OUT-DOOR POOL

CYCLE TO SCHOOL/PRESCHOOL

RUN AROUND A BUILDING

GO ART HUNTING (LULEA.SE/KONST)

TAKE A WALK WITH A FRIEND

RUN UP A HILL

WALK/CYCLE TO THE NEAREST LIBRARY

DANCE TO A SONG

DO A HOPSCOTCH

WALK BACKWARDS UP A HILL

TAKE 3 CHECKS POINTS IN "HITTA UT"

MAKE 3 GRIMACES QUICKLY

THROW A BALL WITH A FRIEND

RAKE FOR 10 MINUTES

JUMP AS HIGH AS YOU CAN 3 TIMES

1. Take a competition form.
2. Perform and check at least five activities between May 6th and August 12th.
3. Hand in the competition form at the nearest library, book bus or bathhouse OR take a photo of it and send it to kffkommunikation@lulea.se no later than August 12th.
4. We will draw three winners on August 19th and contact them via email or phone.

Name:

Email:

Phone number:



**LULEÅ
KOMMUN**